

## **INSTRUCTIONS FOR INTRAVENOUS SEDATION**

You are scheduled for an oral surgical procedure to be performed under intravenous sedation. The following instructions are designed to make the operation as safe and as pleasant as possible.

- **No food or drink (including water)** is to be consumed for at least eight (8) hours prior to surgery. **Except for your normal morning medications with a very small sip of water.** Call the office if you are unsure of which medications to take.
- No alcoholic beverages are to be consumed for 24 hours prior to surgery or while taking medications prescribed by Dr. Sein Moe.
- You must have a responsible adult accompany you to your appointment and take you home after you have been discharged. This person is to stay with you for the first 4 to 6 hours following surgery.
- Wear loose fitting clothing. **Loose, short sleeve tops are required.** Wear comfortable shoes without elevated heels. Contact lenses, including extended wear lenses, are to be removed prior to your appointment. Contact lenses and solutions are not available in our office.
- Tongue and Lip piercings must be removed prior to surgery.
- Please notify our office if you develop a cold, fever, cough or sore throat prior to your appointment.
- **NAILS: Remove ALL nail polish, gel polish, any artificial and acrylic nails** on at least two fingers (preferably the index and middle fingers) on **both the right and left hands.** This is required for monitoring of patients' essential vital signs during anesthesia for safety of the patient. Failure to remove nail products may result in cancellation of your surgery.
- **NO VALUABLES:** Wallets, cell phones, handbags, jewelry and other valuables are to remain with the person accompanying you to surgery. Our office is not responsible for any personal items lost or damaged during your surgical procedure.
- **NO CELL PHONES:** Due to Federal HIPAA Confidentiality Regulations, there will be no cell phone use allowed in patient care areas. This includes phone calls, photos, videotaping and recording.
- **WOMEN:** You must cancel your appointment if there is a chance you may be pregnant.
- You will be given prescriptions for medications on the day of surgery. Please notify our clinical staff if you require anti-nausea medication after sedation